



Gingered Apple Beet 'Dessert' Salad

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Dessert, Salad

Prep Time: 12 mins **Difficulty:** Easy **Servings:** 6-10 **Source:** simplynutritious.net

INGREDIENTS

2 red beets, fine shred

4 apples, medium shred

(2 Red Delicious and 2 Granny Smith apples)

1 thumb of fresh ginger, medium shred

1/2 cup of fresh lemon juice

DIRECTIONS

Shred beets, apples, and ginger into a large bowl.

Drizzle lemon juice on top and toss.

NOTES

I call this a dessert salad, because after eating it for dinner, I help myself to one more helping for dessert. Yummers!!!